

# NEW PATIENT INTAKE



Welcome to our office. We appreciate the confidence you place with us to provide chiropractic care. To assist us in serving you better, please complete the following form. If you have any questions, don't hesitate to ask.

## Personal Information:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Preferred Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Permission to contact you by email and/or text message regarding appointment reminders or other clinic related details.  YES  NO

Date of Birth \_\_\_\_\_  
Age \_\_\_\_\_  
Gender  Male  Female Marital Status:  S  M  D  W  
Spouse's Name \_\_\_\_\_ Number of Children \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

## Referral Information:

Who may we thank for referring you? \_\_\_\_\_  
How did you hear out about us? \_\_\_\_\_  
Primary Care Physician (Name & Location) \_\_\_\_\_

Permission to contact your primary care physician regarding your care at our office?  YES  NO

## GENERAL HEALTH INFORMATION

Current Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
Medications: \_\_\_\_\_  
Vitamins/Herbs/Minerals: \_\_\_\_\_  
Allergies : \_\_\_\_\_  
Pregnancy Due Date: \_\_\_\_\_

## Personal Health History

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Unexplained Weight loss  | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Neurological     |
| <input type="checkbox"/> Cold limbs               | <input type="checkbox"/> Anemia              | <input type="checkbox"/> Cancer           |
| <input type="checkbox"/> Thyroid                  | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Osteoporosis     |
| <input type="checkbox"/> Night Pain               | <input type="checkbox"/> Arthritis           | <input type="checkbox"/> Chem. Dependency |
| <input type="checkbox"/> Depression               | <input type="checkbox"/> Headaches           | <input type="checkbox"/> Prostrate Issues |
| <input type="checkbox"/> Night Sweats             | <input type="checkbox"/> Asthma              | <input type="checkbox"/> Chest Pain       |
| <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> Liver Disease       | <input type="checkbox"/> Stroke           |
| <input type="checkbox"/> Bowel or Bladder Changes | <input type="checkbox"/> Bleeding disorder   | <input type="checkbox"/> Other            |
| <input type="checkbox"/> Digestive Issues         | <input type="checkbox"/> Lung Disease        |   |
| <input type="checkbox"/> AIDS/HIV                 | <input type="checkbox"/> Breast Lump         |   |

| <b>Injuries/Surgeries/Accidents:</b> | <b>Description</b> | <b>Date</b> |
|--------------------------------------|--------------------|-------------|
| Auto Accidents:                      | _____              | _____       |
| Broken Bones:                        | _____              | _____       |
| Surgeries (including Cosmetic):      | _____              | _____       |

**Social History/Habits:**

Do you use Tobacco products?     Yes  No  Past    If yes, how many packs per day? \_\_\_\_\_

Do you drink alcoholic beverages?     Yes  No    If yes, how many drinks per week? \_\_\_\_\_

Do you drink caffeinated beverages?  Yes  No    If yes, how many drinks per week? \_\_\_\_\_

Do you exercise?     Yes  No  
 If yes, how many days per week and what activity? \_\_\_\_\_

**Family History:**

**Has any member of your Parents or Sibling's suffered from:**

High Blood Pressure, High Cholesterol, Cancer, Osteoporosis, Diabetes, Stroke, Heart Disease or Thyroid conditions?

**If yes, who and what condition?**

\_\_\_\_\_

**PATIENT CONDITION**

Onset

Describe your major complaint(s): \_\_\_\_\_

Describe when they began: \_\_\_\_\_

Date you first noticed your symptoms: \_\_\_\_/\_\_\_\_/\_\_\_\_

Do your symptoms radiate or travel? If so, where to?

\_\_\_\_\_

**Timing and Duration:**

**How are your symptoms changing?**

Getting Better     Getting Worse     No Change

**How often do you experience your symptoms?**

Constant (100%)  Frequently (75%)  Occasionally (50%)  Intermittently (25%)

**How have your symptoms interfered with your normal work or activities?**

Not at all  A little bit  Moderately  Quite a bit  extremely

**How much have your symptoms affected your social or recreational activities?**

None of the time  A little of the time  Some of the time  Most of the time  All of the time

**Severity:**

**How would you rate your symptoms at their:**

Best:  0  1  2  3  4  5  6  7  8  9  10 unbearable

Worst:  0  1  2  3  4  5  6  7  8  9  10

**Quality:**

**How would you describe your symptoms?**

- Sharp       Shooting       Stabbing       Weakness       Dull       Burning  
 Stiffness       Throbbing       Achy       Tingling       Numbness       Other

**Modifying Factors:**

**What makes your symptoms feel worse?**

- Cough/Sneezing       Standing       Lifting       Exercising       Bending  
 Twisting       Driving       Sitting       Walking       Pushing/Pulling       Other

**What makes your symptoms feel better?**

- Rest/Sleeping       Stretching       Lifting       Exercising       Bending  
 Pain Medication       Twisting       Ice       Heat       Walking       Other

**Previous Treatment:**

**Who have you seen for this condition?**

- Medical Doctor       Physical Therapist       Chiropractor       Other \_\_\_\_\_

**What tests have been performed? Date?**

- X-Rays \_\_\_\_\_  CT Scan \_\_\_\_\_  MRI \_\_\_\_\_  Lab \_\_\_\_\_  Other \_\_\_\_\_

**Have you had Chiropractic care in the past?**       YES       No

**If yes, for what?** \_\_\_\_\_